



HIGHROAD
CHILDREN'S CENTRE

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604-792-4680

Welcome to Highroad Children's Centre!

Isaiah 54:13 "All your children will be taught by the Lord and great will be their peace."

Philosophy:

We believe that children are unique and a treasured gift from God and that we can make a profound difference in their lives. As Preschool Teachers at Highroad Children's Centre we are blessed to nurture the children in our care as we teach and mold each distinctive personality through a respectful, stimulating, sensory rich environment.

Our Vision:

Grow: The spiritual development of each child is cultivated through a Bible story circle including songs and prayer, as well as spontaneous discussions about God and Christ – like living.

Learn: Highroad Children's Centre is a play based preschool program. We offer an emergent 'themed' learning time and coordinate our centers and toys around these themes. We provide a wide range of educational activities including arts/crafts,

sensory experiences, dramatic play, movement, and music, beginning letter/number recognition, and social and science exploration.

Connect: We foster relationships with the families of our preschool children by hosting a Parent Orientation/Open House, Mother's Day Tea, Father's Day Event, Christmas concert and End of the Year Celebration parties. We also communicate through monthly newsletters and our social media sites: **FB:** Highroad Children's Centre, Highroad Academy, **Instagram:** highroad_academy

Serve: We believe that the Early Years are an important time to learn foundational life skills and how to demonstrate servant attitudes toward others. We believe children learn these skills by promoting turn – taking, delayed gratification, empathy, and random acts of kindness.

Admissions

Highroad Children's Centre is an inclusive centre and welcomes 3-5-year-old children regardless of their church (or non church) or family background. We are pleased to have you consider Highroad Children's Centre for your child's preschool education.

Kindergarten to Grade 12 Admissions

Kindergarten to Grade 12 has a **different admission policy** than Highroad Children's Centre. To continue their education at Highroad Academy after preschool, families will be **required** to meet a new set of admissions requirements which include regularly attending a local Christian church and having a completed Pastor's Reference form.

Church Home

The children at Highroad Children's Centre will be learning about living a Christ-centered life and we hope to reinforce what they are learning at home. If you have a church home, we want to affirm and support your church involvement. If you do not have a church home, we invite you to attend City Life Church. Our worship services start at 9 am & 11am each Sunday and nursery and kid church are provided.

Staff

Our Christian teachers are government licensed Early Childhood Educators who are passionate and devoted to offering an exciting preschool program full of educational play opportunities that meet children's needs and allow them to thrive.

We follow the guidelines of 'best practice' from BC Child Care Regulation and build our philosophy and curriculum from British Columbia's Early Learning Framework (Elf).

Substitutes have a minimum certification as an ECE teacher's assistant. All staff have passed a criminal records check. There is always a minimum of 1 staff member with their valid 1st Aid Certificate on the floor.

Class Days and Fees

There is a \$30.00 registration fee for Preschool that must be paid when you hand in your application. For students entering their second year of Preschool there is a re enrollment fee of \$15.00.

3- and 4-Year-Old AM Class:

Monday/Wednesday 9:00 to 11:30 am OR Tuesday/Thursday 9:00 to 11:30 am

3- and 4-Year-Old PM Class:

Monday/Wednesday 12:20 to 2:50 pm OR Tuesday/Thursday 12:20 to 2:50 pm

4-Year-old 3rd day option: (based on availability)

Friday 9:00 – 11:30 am OR Friday 12:20 – 2:50 pm

The monthly tuition fee is prorated for the year, regardless of any days absent or centre closures. If you go away on a holiday, your fee will remain the same.

Some families may qualify for Affordable Child Care Benefit through the Province of British Columbia. We suggest that you contact them prior to beginning any programs at Highroad Children's Centre to see if you qualify for any assistance (<http://bit.ly/2sd2lzy>).

A minimum of one month's notice is required to permanently remove your child from the centre.

The preschool year is from September – mid June. In the summer you will receive an info package that includes your beginning of the year schedule, emergency kit information, gradual entry schedule and open house or orientation meeting.

Pick Up and Drop Off

The doors open promptly at 9:00 am or 12:20 pm. **Your child must be signed in and out each day.**

The first two weeks are an adjustment period. This is also a trial period for all children as there are times when our Centre may not be able to meet the needs of the child. **Your child's gradual entry schedule will be sent to you in the summer.**

Please pick up your child on time. A late pick-up fee of \$5.00 will be automatically added to your next month's bill after ten minutes and every five minutes thereafter. Exceptions will be made if special circumstances are communicated to staff. Please let us know if you are going to be late by contacting us at 604-792-4680.

Field Trips

We will be going on various field trips throughout the year. You will receive a permission form with detailed information each time we plan a trip. The cost of the field trips will vary. Parent help is most welcome.

Release of Child Policy

We consider the safety and supervision of the children in our care of utmost importance. We follow the guidelines of 'best practice' from BC Child Care Regulation.

A child will not be released to anyone who is not authorized for pick up. **Exceptions will be made when prior arrangements have been made with staff for a specific day.**

Persons who are not permitted access to the children (such as per a court order) will not be allowed to take children and the authorized parent will be informed. A child will not be released to a parent or alternate if they appear incapable of safe care.

If an authorized adult does not arrive, we will contact the parent by phone. If they cannot be reached, the emergency persons will be contacted. If another authorized person cannot be contacted within two hours, a social worker or the RCMP will be contacted for further instructions.

Nutrition Policy

Children bring their own snacks. Please do your best to ensure that it is a nutritious snack. Sugary snacks are a treat only, not a basic food group. Conversation is encouraged at snack time and children aren't rushed. A labelled water bottle is strongly encouraged. As birthdays are important to children, parents are welcome to bring a special snack to share with the class that day if they wish to do so.

Please let staff know in advance in case of any allergies or food intolerances. Highroad Children's Centre follows Highroad Academy's Anaphylaxis Policies and Procedures. For more information, please speak to a staff member.

Toileting

It is preferred that all children be toilet trained to attend Preschool; however, we realize there are exceptions to this rule. If your child is not fully toilet trained, they must attend in pullups, and parents will be called to change a BM. Exceptions will be made for children who require extra support. Please talk to our staff if you have any questions.

Bringing Items from Home

Highroad Children's Centre is not responsible for lost items. Children should not bring personal items to the centre unless they have made prior arrangements with a teacher. They can bring a special item for our Show and Share 1x a month.

Active Play and Screen Time

Active play is defined as any physical activity that raises the children's heart rate. Some of the benefits of active play include improving balance and coordination and building gross and fine motor skills. It also supports healthy growth and development, improves concentration, and builds confidence.

Licensing requires us to have an active play policy in place, which includes 25 – 30 minutes of daily outdoor time (exceptions can be made in **extreme** weather conditions). The teachers will determine if an exception should be made. Exceptions do not include rain, snow, or cold weather unless extreme. In the case of exceptions, the teachers set up physical activities that promote movement and bursts of energy within the classroom.

It is the Parents responsibility to provide appropriate outdoor wear which could include rain jackets, muddy buddy's, boots, snow pants, gloves etc. A change of clothes must be kept in their backpack if needed.

Licensing also requires us to have a '**screen time**' policy. We do not use the TV or screens in our daily routines, except as an outlet for music. iPads or the tv may be used at circle time as a teacher resource to demonstrate information and provide short theme-based children's music or information clips.

Holidays/Closures

Highroad Children's Centre is closed for all statutory holidays. The preschool follows the Highroad Academy School schedule. The preschool is closed for the same holidays and professional days as Kindergarten to Grade 6 **including half-day closures**. You may access a regular Highroad Academy school calendar at www.highroadacademy.com.

If Highroad Academy is closed due to snow/weather conditions, Highroad Children's Centre will also be closed. Please listen to FM 98.3 for school closure notices, Highroad Academy's website, or posts on our social media.

In case of power outages, staff will wait for twenty minutes. If the power is not restored, you may be called to come pick up your child in accordance with 'best practice policies' for Early Learning Centres. If you are not available your emergency contact person will be called.

Clothing Policy

Please dress your child in **play clothes** as we “learn through play”, which means we can get very messy and we do not want to have to worry about keeping clothes clean (although dresses and skirts can look very cute, they are not recommended for playtime).

For health and safety reasons we recommend ‘closed in, non lacing’ shoes which are appropriate for active play. Please send indoor shoes or slippers for wearing in the classroom.

Also ensure that your child is dressed appropriately in regard to the weather conditions. We will go outside daily, so boots and rainwear are essential. A hat is a must during hot months.

Each child needs to have an extra change of clothes in case of an accident. Please **clearly label all your children’s belongings** including lunch bag, clothes and backpacks and be sure to take home all your child’s belongings, including art projects, each day.

Guidance and Discipline Policy

We believe that a child’s self-esteem is very important; therefore, all children are approached in a loving, friendly and supportive manner. Discipline is used to teach children to understand limits and behave appropriately, thereby showing respect for themselves and others. We will have realistic expectations according to each child’s needs and abilities and will allow time for children to respond to expectations. Children will be offered transitional warnings like “five minutes until clean up” to prepare for change and decrease frustration and anxiety.

Simple, firm, and clear statements are given regarding acceptable behaviour. If we see a child becoming frustrated or annoyed, we will attempt to re-direct or encourage the child before negative behaviour occurs. If a conflict or disagreement is occurring, we may act as a mediator and encourage them to talk about how they feel and facilitate problem solving. We will give appropriate substitutes for undesired behaviours.

If a child is being disruptive or misbehaving, they may be asked to sit out for a short period of time. During this time, the child may want to be alone or may have a book, fidget toy activity etc. to help the child self regulate. When the child is calm, we will encourage the child to talk about their feelings and resolve the situation.

Removal of privileges planned ignoring and natural and logical consequences may be methods we also use. Positive reinforcement and encouragement are consistently given to each child. While the children are at Highroad Children's Centre, we are the authority. **There will be no form of "corporal punishment" such as spanking, shoving, demeaning words, or aggressive actions while at the Centre.**

Health and Illness Policy

Children are instructed to wash hands before and after eating and after using the washroom. Counters and tables are kept clean and washrooms are sanitized and cleaned daily.

Immunization records are kept on file, including if a child is not immunized.

If your child shows any visual signs of illness, please keep your child at home. If you are in doubt, please contact the Centre's staff. The following are possible conditions that could warrant staying at home:

- Pain – unexplained or undiagnosed pain
- Acute cold with fever, runny nose (green mucus) and eyes, coughing and sore throat. When temperature, well-being and energy are normal, coughing, and runny nose may continue (depending on the suspect illness) without the child being contagious.
- Difficulty in breathing
- Fever: **your child must be fever free for 24 hours** to return to the Centre.
- Infected skin or eyes, or undiagnosed rash
- Headache and stiff neck – should see a physician
- Diarrhea or loose stool
- Nausea, vomiting or abdominal cramps
- Severe itching of body or scalp
- Children with known or suspected communicable diseases

In the case of serious illness or communicable disease other families will be warned about the potential spread of illness or disease. The Health Unit or Licensing Office will be informed within 24 hours of any reportable communicable disease.

Medicine will only be administered upon written consent and instructions from the parent for each prescription. All medicines will be kept in secure storage or in the kitchen fridge (if necessary). A written record is kept of the date, time, and staff signature upon administering

medication. If we are not comfortable administering a prescription or medicine to a child, it is our right to refuse to do so.

If a child develops visual signs of illness or injury during their time at the centre, the parent or alternate will be contacted and asked to pick the child up. While waiting for pick up, the child will be kept comfortable, in a quiet spot where they can rest and be closely supervised. Reassurance will be given, and clothing changed if necessary. First aid will be administered if needed. If the parents are unavailable, the emergency contact numbers will be called. **In a serious emergency**, the child's physician or an ambulance will be called.

Reportable Incident Protocol

Incidents will be reported in accordance and within 24 hours to the Community Care Facilities licensing office. Some reportable incidents include any type of abuse, disease outbreak, serious falls, aggressive/unusual behaviours, and expected death, missing child, poisoning, motor vehicle injury, other injuries etc. For a more complete list we refer to the reportable incident form. Centre staff will meet to review the incident and discuss how to prevent future occurrences. The Centre Coordinator will also hand a copy of the incident form to the principal for further accountability. A log will be kept regarding minor accidents including date, time, and incident. Parents will also be informed.

Emergency Disaster Planning

Fire and earthquake drills will be held once a month. Children will be educated on safety awareness and what could happen in the event of an earthquake or fire. Fire extinguishers are checked regularly. Children are required to bring a small EMERGENCY KIT that is kept at the school. Please ask a staff member for an information sheet on items.

In the event of an emergency or disaster the children and staff will walk to the northwest side of the parking lot (behind the containers). Children will remain with staff until it is safe to return. If it is not safe to return, we will walk the children to a secure place in Highroad Academy. The staff will then phone parents or the emergency contact number and keep the children safe until they are picked up.

Highroad Children's Centre joins Highroad Academy when doing a **lock down drill**. Drills are held at minimum once a year. This drill may or may not take place during your child's class.

Highroad Children's Centre follows Highroad Academy's Policies and Procedures in the event of a lock down. If there is ever an actual lockdown, the children's staging area will be at Eden Mennonite Church. The PARENTS staging area will be at the Chilliwack Alliance Church. You would wait there until the police gave further directions to you. For more information, please speak to a staff member.

Accountability

We are licensed by the Provincial Government under the Community Care Facilities Act. This requires us to be inspected on a regular basis and our staff approved by our Licensing Officer through the Health Department.

The Board of Elders of City Life Church oversees and holds the final responsibility of Highroad Children's Centre. The Highroad Academy School Board is appointed by the church eldership and takes responsibility for the education that takes place in the school. Parents who have concerns or questions regarding the centre are asked to bring them to the attention of the preschool coordinator and centre staff. The school principal and board are prepared to further address any concerns.

Investigation and Abuse Policy

British Columbia has mandatory reporting laws regarding child abuse. The Family and Child Services Act states that anyone who has reason to believe that a child has been abused or is likely to be abused or neglected has a legal duty to document and report the matter. If a child is in immediate danger, the police will be called to intervene, and a child protection social worker will be contacted to determine whether the child is in need of protection.

Staff will telephone Social services, licensing or the police and document any suspected abuse as well as document whom we spoke with and any direction they gave at the time of the call. All documents will be signed and dated. If the abuse happened at preschool the parents would be notified. If a child discloses abuse, staff will not question the child, but will contact the Ministry of Children and Family, or Licensing. In the event of an ongoing investigation at the preschool, staff will provide the licensing office with a health and safety plan for children in care.

The list of reportable incidents includes the following definitions of abuse: *

Emotional Abuse: any act, or lack of action, which may diminish the sense of well being of a child, such as verbal harassment, yelling or confinement perpetuated by a person not in care.

Physical Abuse: any physical force that is excessive for, or inappropriate to a situation involving a child.

Sexual Abuse: any sexual behaviour directed towards a child by any persons in a position of trust, power of authority and includes:

- Any sexual exploitation, whether consensual or not
- Sexual activity between children if the difference in age of power between them is so significant that the older or more powerful child is clearly taking sexual advantage of the younger or less powerful child.

Neglect: the failure of a care provider to meet the needs of a child, including food, shelter, care, or supervision.

(* taken from Community Care Facilities Licensing Reportable Incident Form)

If an allegation of abuse is made against a staff member, we will immediately document any actions and the situation that occurred, as well as the allegation and call the licensing officer for further direction. Our school principal and school board will also be informed.